

# Checklist and Packing List for Sudan



## Clothing

(Please wear appropriate clothing for arrival and departure!)

Otherwise, on the boat:

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Shorts •

T-shirts •

Underwear • Pajamas

## For sunbathing

: • Swimsuits /

Bikinis • Beach

towel •

Sunglasses •

Headwear • Sunscreen

## For personal hygiene:

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Toothbrush •

Toothpaste •

Deodorant • Shower

gel •

Shampoo •

Hair ties • Comb /

hairbrush • Body lotion / after-sun lotion •

Face

cream • Nail

kit • Razor blades and shaving

cream • Personal hygiene items •

Glasses / contact lenses and care products

## First-aid

kit •

Headache medication •

Fever reducer •

Mucolytic •

Broad-spectrum antibiotic• Ear drops/eye drops•  
Cold remedy•  
Toothache remedy•  
Band-Aids / spray bandages•  
Medications

taken regularly **Documents:**

- Passport and a copy•

Copy of your visa for  
airport check-in• Medical certificate of fitness for diving (no older than 1 year)

- Insurance documents and contact numbers for international travel health insurance and diving accident insurance, including repatriation• Cash (euros or U.S. dollars)
- U.S. dollars in new bills for the visa fee•

Credit cards and phone numbers to  
report them lost or stolen• Flight ticket•  
Diving certification•  
Logbook

**Diving equipment:**

- Mask and snorkel•

Regulator• Weight belt without weights (please also bring this if using a BCD with weight pockets)

- Buoyancy control device (BCD)
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Wetsuit•  
Footies•  
Fins• Dive light (for night dives)

- Small emergency light as a backup for night dives•

Dive computer•  
Gauge• Signal buoy (SMB)

- Spare parts such as O-rings, replacement straps for fins/masks, travel kits

**Miscellaneous•**

Reading material•  
Camera/video camera•  
Cell phone• Chargers and spare batteries



All details subject to change. Current prices and availability at:  
<https://omneia.de/en/good-to-know>