

Checklist and Packing List



Clothing•

Shorts•

Headband•

T-shirts•

Underwear• Pajamas

For

Sunbathing• Swimsuits /

Bikinis•

Beach towel•

Sunglasses•

Headwear• Sunscreen

For Personal Care•

Toothbrush•

Toothpaste•

Deodorant•

Shower gel• Shampoo•

Hair ties• Comb /

hairbrush• Body lotion / after-sun•

Face

cream• Nail

kit• Razor blades and shaving

cream• Personal hygiene

items• Glasses / contact lenses and care products

First-aid kit• Pain relievers•

Fever reducers•

Mucolytics•

Broad-spectrum antibiotic• Ear drops / eye drops•

Cold remedies•
Toothache remedies•
Band-Aids / spray bandages•
Medications

taken regularly

Documents• Passport and a copy•

Medical certificate of fitness for diving (no older than 1 year)

• Insurance documents and contact numbers for international travel health insurance and diving accident insurance•

Cash (euros or U.S. dollars)

• Credit cards and phone numbers to call to block them•

Airline ticket•

Diving certification•

Dive logbook

Diving equipment:

• Mask and

snorkel•

Regulator• Weight belt without weights (please bring this even if using a BCD with weight pockets)

• Buoyancy Control Device (BCD)

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Wetsuit•

Fins•

Dive light (for night dives)

• Small emergency light as a backup for night dives•

Dive computer•

Gauge• Signal buoy (SMB)

• Spare parts such as O-rings, replacement straps for fins/masks, travel kits

, etc.

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Reading material•

Camera/video camera•

Cell phone• Chargers and spare
batteries



All details subject to change. Current prices and availability at:
<https://omneia.de/en/good-to-know>